National Assembly for Wales / Cynulliad Cenedlaethol Cymru Health and Social Care Committee / Y Pwyllgor Iechyd a Gofal Cymdeithasol

Regulation and Inspection of Social Care (Wales) Bill / Bil Rheoleiddio ac Arolygu Gofal Cymdeithasol (Cymru)

Evidence from ategi Shared Lives Scheme - RISC 15 / Tystiolaeth gan - RISC 15



Shared Lives Scheme

Supporting people to live their lives Cefnogi pobl i fyw eu bywydau

21st April 2015

Consultation response to the inspection and social care Bill (Wales) from the ategi Shared Lives Scheme

Introduction:

Shared Lives also known as Adult Placement, arrangements are provided by individuals and families (Shared Lives Carers) in local communities. The ategi Shared Lives Scheme is registered with CSSIW. We recruit the individuals, couple or families and undertake a rigorous assessment process with them including references, CRB checks and induction training before they become approved Shared Lives Carers.

Our 165 approved Shared Lives Carers in Cardiff RCT, Swansea, NPT and Bridgend provide a range of services to vulnerable and disabled adults that includes including:

- Long term accommodation and support
- Short breaks
- Day time support
- Rehabilitative or intermediate support

The main feature that distinguishes Shared Lives from other kinds of support is that, whatever the service provided by the Shared Lives Carer, the person being supported has the opportunity to share the Carer's family life and be part of their social networks. The relationships that develop are committed and consistent and highly valued by both the person receiving the services and the Shared Lives Carers.

Shared Lives is a regulated service under Adult Placement regulations, with minimum standards enforced by government inspectors.

In an excellent Shared Lives scheme:

- People who use Shared Lives and their families are at the heart of all the scheme does. They are fully involved in decisions about their lives, their support and the scheme's future.
- Matching between Shared Lives carers and people who use Shared Lives is at the heart of the referral process and is a fair and transparent system. Shared Lives carers are not placed under pressure to accept matches. People who use Shared Lives have a strong sense of belonging within their household, community and relationships.
- The on-going roles of Shared Lives carers, scheme workers and social workers are clear and all are able to work together positively to help each individual plan and review their goals and support.
- Shared Lives carers are recognised and respected as colleagues and play an active part in developing the Scheme policies.
- There is a local Shared Lives carer group which allows Shared Lives carers to meet up, learn from each other and to influence the development of the scheme.
 Shared Lives carers are encouraged and supported to take part in NAAPS at regional or national level.
- The care and support expected of Shared Lives carers is clear and reasonable, with adequate access to respite and breaks. Payment levels are structured and transparent.
- The scheme is a learning organisation and always seeks to improve its practice.
- There are clear procedures for when things go wrong and Shared Lives carers can access appropriate support if they face an allegation.
- Scheme workers recognise both the emotional and economic implications for carers when a Shared Lives arrangement ends.

The ategi Shared Lives Scheme is a strong and committed provider of Shared Lives Services. We respond to this consultation to confirm our general support for the main aims of the Regulation and Inspection of Social Care in Wales Bill which is to:

- reform the regulatory regime for care and support services.
- establish requirements for local authorities and Welsh Ministers to undertake assessments of the sector's future stability.
- reform the inspection regime for local authority social services functions.
- reconstitute and rename the Care Council for Wales as Social Care Wales and broaden its remit.
- define the regulation of the social care workforce.

In supporting the Bill we ask that the work of Shared Lives Carers is strongly considered when developing a new approach to inspection of services and that any changes to not have a detrimental effect on the valuable work of Shared Lives Carers in Wales. We at ategi worked hard with colleagues across Wales through Shared Lives Plus (formerly NAAPS Cymru) and within the Welsh Government to ensure that a full understanding of

the Shared Lives Carer role influenced the appropriate inspection of Shared Lives provision. The results have been largely successful in the 10 or so years since the introduction of regulations for Adult Placements (2004) Wales.

We support the idea that inspections should seek the views of people using Shared Lives Services but that Shared Lives Schemes should also be measured on their approach to and support of Shared Lives Carers. This would lead to an approach where services are inspected on the outcomes for service users and Shared Lives Carers.

We would hope that the Health and Social Care Committee will work positively with all providers of services in Wales to develop a new approach to inspecting services including Shared Lives Plus – the member organisation for Shared Lives providers. Colin Batten is the Shared Lives Plus Development Worker in Wales and should be consulted with on behalf of the growing number of Shared Lives Carers in Wales.

Yours sincerely

Tim Southern – ategi CEO



